

NUCLEAR MEDICINE GASTRIC EMPTYING STUDY

**Appointment
Date:**

Time:

Patient Preparation:
Fast for 8 hours

Time For Examination:
2 hours

Please Bring:
Any related previous imaging including Nuclear Medicine Studies, X-Rays, Ultrasounds, CT and MRI scans.

Locations:
Gold Coast Radiology,
Suite 1 & 2 Harbour Point
10 Santa Barbara Road,
Hope Island, QLD 4212
Phone: 07 55142555
Fax: 07 55142511
www.gcradiology.com.au

**Undercover parking is
available.**

Your doctor has asked that you have a Nuclear Medicine Gastric Emptying Study. This study is time consuming but completely painless and very simple.

All patients must fast for 8 hours prior to a gastric emptying study.

At the start of the study you will be required to eat an egg sandwich. The sandwich is simply a cooked egg placed between 2 pieces of bread. The egg contains a small amount radioactive tracer which allows the gamma camera to take pictures of how long it takes the food to be processed in the stomach and “emptied” into the small bowel. You will be given a small amount of water to drink with the sandwich. There are no side effects to the radioactivity and it will not interfere with any medications you may be taking. If you have any food allergies please let us know before your scheduled appointment time so that we can arrange an alternative meal.

After you have completed your sandwich (usually within 5 minutes) you will be asked to lay on our scanning table. The camera is positioned over your abdomen and imaging is done continuously for 90 minutes. This is an excellent opportunity to take a rest.

Your doctor may be interested in the difference between how your stomach empties solid and liquids. If this is the case you will need to have the liquid gastric emptying study done on another day. Usually with one day in-between the solid gastric emptying study.

This study is not suitable for pregnant women. Breast-feeding mothers can have a Nuclear Medicine Gastric Emptying Study but avoiding feeding from the breast and prolonged close contact with your baby is suggested for 12 to 24 hours after the injection of our tracer. Feeding your baby with expressed breast milk or formula is recommended during this time.

For more information please contact:

07 55142555