

**Appointment
Date:**

Time:

Patient Preparation:
Nil

Time For Examination:
20-30 mins

Please Bring:
Referral
Previous ultrasounds or
mammograms

Locations:
Gold Coast Radiology,
Suite 1 & 2 Harbour Point
10 Santa Barbara Road,
Hope Island, QLD 4212
Phone: 07 55142555
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**Undercover parking is
available.**

Breast Ultrasound

Your Doctor has requested that you have an ultrasound of the breast/s. Primarily breast ultrasound is used to help diagnose breast abnormalities, detected during a physical examination, such as a lump or to further characterize an abnormality seen on a mammogram. Ultrasound has the ability to distinguish between solid lesions (may be benign or cancerous) and cystic lesions (fluid filled) or a mix of both. It also adds information regarding the blood supply to the area of concern, and is the imaging modality of choice for women <30yrs.

It is *important* to be aware that ultrasound is one of the tools of breast imaging but *not all* cancers are visible on ultrasound.

You will be required to lie on a bed with a small pad placed under your shoulder and arm raised above your head so the breast is in an optimum position for imaging. A probe, coupled with hypo allergenic gel will be placed over the skin and moved over the entire breast to enable assessment and imaging of the breast tissue. There will be some pressure felt but no discomfort.

Relevant questions regarding family history, breast feeding, palpable lumps, hormonal/contraceptive drugs, previous biopsies are routine.

It is necessary to check the images with the Doctor (radiologist) before you leave to confirm that adequate imaging has been obtained for a report to be generated. The Doctor may also choose to come and watch on the ultrasound screen if a palpable lump or area of concern has been identified. This is not unusual and you may ask questions at the time. Once the examination is complete gel is removed & you may get dressed. The report will be sent to your referring doctor.

It is recommended that you come to your appointment wearing a 2 piece outfit, such as trousers or skirt and top for ease of changing for your exam.

DO NOT forget any previous imaging