

**Appointment  
Date:**

**Time:**

**Patient Preparation:**  
Nil

**Time For Examination:**  
Part 1: 5 - 15 minutes  
Part 2: 15 – 60 minutes

**Please Bring:**  
Any related previous imaging including Nuclear Medicine Studies, X-Rays, Ultrasounds, CT and MRI scans.

**Locations:**  
Gold Coast Radiology,  
Suite 1 & 2 Harbour Point  
10 Santa Barbara Road,  
Hope Island, QLD 4212  
Phone: 07 55142555  
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**Undercover parking is  
available.**

## NUCLEAR MEDICINE BONE SCANS

Your doctor has asked that you have a Nuclear Medicine Bone Scan. Below are some general guidelines that will apply to most patients

Nuclear Medicine Bone Scans are done in two parts. The first part of the scan requires you to have a small injection into a vein (much like a blood test). This injection will not make you feel ill, nor will it interfere with any medication you may be taking. You may have some immediate images taken following the injection. This part of the test will take between 5 and 15 minutes.

The second part of the test will be performed anywhere from 2 to 6 hours after your initial injection. The time for your delayed images will be confirmed on the day of the test. You will be asked to empty your bladder prior to commencement of the images. The second part of the test may take anywhere from 15 to 60 minutes depending on what parts of the skeleton need to be imaged.

You will be free to leave the department between the first and second parts of the test to do as you please. There are no side effects from the injection and no restrictions placed on you.

In most cases there should be no need for you to change into an X-Ray gown. To ensure this is the case – please come dressed in clothing that has little or no metal on it. T-shirts, gym pants etc are comfortable choices.

This study is not suitable for pregnant women. Breast-feeding mothers can have a Nuclear Medicine Bone Scan but avoiding feeding from the breast and prolonged close contact with your baby is suggested for 12 to 24 hours after the injection of our tracer. Feeding your baby with expressed breast milk or formula is recommended during this time.

**For more information please contact:**

**07 55142555**